

# CURE Counseling & Assessment Training Centre

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## Instructions for Completing the PDQ-4 Assessment

1. Please write **your name and date at the bottom** of the score sheet where indicated.
2. This is a **True/False** assessment. The statements to consider start in the **question booklet**, the lower portion of the left-hand column. However, you **will not read and answer them in numerical order**.
3. You will **begin with statement #11**. Read the statement and **then circle "T" or "F" on the score sheet after #11 at the top of the first grayed column** with the bold statement #'s.
4. **Proceed to the next statement #, go to the booklet to read** that statement and then circle the most accurate response on the score sheet after the corresponding #.
5. Please complete the entire score sheet in this manner, being sure to circle your answers for each True/False statement. However, when you come to **Statements #98 and #99 on the score sheet**, you will read the short statements **directly under each of those numbers** and **check the statements that apply to you**. If none of the statements under #98 apply to you, then it will be false (F). Otherwise, it is true (T). And the **same for #99**. Read the statements directly under #99 on the score sheet and check the ones that apply to you. If none of them apply to you, it will be false (F). Otherwise, it is true (T).
6. Please do not mark on the question booklet itself. Please **return the profile to the office a day or two prior to your next appointment**. You may leave the profiles under the office door mat if the door is locked and leave a phone message to inform us that they are there.